

## Radiotherapie

# Information empty bladder

You will soon start radiotherapy in our department. It is important that your bladder is empty for the planning CT or MRI scan and all radiation treatments.

**How:**

1. Empty your bladder 1 hour before the scan/treatment.
2. Do not drink anything until your appointment.
3. Empty your bladder again just before the scan/treatment.
4. The scan/treatment will be made with an empty bladder.

**Why:**

- Fewer side effects

An empty bladder allows us to use smaller radiation fields. This reduces the risk of side effects.

- Accuracy of the radiation treatments

Consistent bladder filling is important for the accuracy of radiation treatments.

If you have any difficulty following these instructions, please discuss this with the radiotherapy technicians.